

THE GATHERING OF THE *Shamans online* AN INTERACTIVE ONLINE EVENT



DON JOSE RUIZ

International Best-selling Author
& Toltec Shaman



Featuring

ALBERTO VILLOLDO, PhD

Best-selling Author, Shamanic
Teacher, Medical Anthropologist



SANDRA INGERMAN

Bestselling Author, Teacher, &
Shamanic Practitioner

Friday-Sunday

2nd-4th Dec, 2022

7 pm onwards

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FRIDAY DEC 2nd, 2022



SANDRA INGERMAN

Bestselling Author, Teacher, &
Shamanic Practitioner

Friday, December 2nd, 7:00 PM-9:00 PM CST

Keynote: A Shamanic Perspective on Illness & Healing

In this event-opening workshop, bestselling author Sandra Ingerman will share a cross-cultural shamanic view on how to heal illnesses on all levels (physical, mental, spiritual, emotional).

Best known for her work leading thousands of clients through the process of Soul Retrieval to overcome past and present trauma, Sandra will also share about extraction work, depossession work, spiritual light work, and explain why and how she has evolved her work to include helping the collective and the environment. Sandra will also share with us the difference between “healing” and “curing” and how clients in a modern-day culture often need to learn simple ways of living life closer to nature in order to integrate the healing process and create a positive present and future.

She will end her session with a group healing ceremony using the practice of transfiguration, which is the core practice of healing with spiritual light work.

Materials needed: (optional) Attendees of this workshop are welcome to use a drum or rattle to accompany Sandra's drumming during the session if they wish.

SATURDAY DEC 3rd, 2022



Dr. MARIE MBOUNI

Shaman, healing artist, practicing M.D.

Saturday, December 3rd, 10am-10:45am CST

A guided meditation with Dr. Marie Mbouni to the healing sound of Tibetan bowls

This meditation session will gently lead you into the depths of your true self and set the stage for a day of shamanic exploration



Dr. STEVEN FARMER

Author, shamanic practitioner,
psychotherapist, Soul Healer

Saturday, December 3rd, 11am-1pm CST

Messages from the Ancestors

Your ancestral lineage reaches back to the very dawn of human existence and this incredible inheritance includes not only your human forebears but all beings on this beautiful planet. In this workshop, Dr. Steven Farmer will teach you how to tap into the vast wisdom and guidance of your ancestors. As you will learn, the collective lineage of which you are composed continues to reside within you, buried in the vault of your deepest memories and DNA, cradling within themselves the wisdom and guidance of thousands of years of human experience.



SHAMAN NABEEL REDWOOD

Shamanic healer, spiritual teacher,
personal coach

Saturday, December 3rd, 11am-1pm CST

The Way of the Hunter: The Shamanic Art of Power

Hunt down what you want in life with patience, purpose, and power. Face your challenges with focus and dedication while avoiding agitation, self-pity, and despair. In this workshop, you'll learn the wisdom of Wolf Medicine to unlock your inner hunter, practice meditation to cultivate the hunter's inner calm, and journey to connect with the Wolf power animal as an ally on your hunt. Whether you're pursuing a goal, facing an obstacle, or dealing with an adversary, the Way of the Hunter will give you the tools necessary to comfortably catch your prey.



ALBERTO VILLOLDO, PhD

Best-selling Author, Shamanic Teacher,
and Medical Anthropologist

Saturday, December 3rd, 2pm-4pm CST

Keynote: Healing Your Shadow: Turning Your Inner Demons into Allies

Some believe that we are now experiencing the foretold times of great darkness, and for many these challenging times are awakening the demons within ourselves, bringing our attention to the darkness within.

Yet shamans know that these forces are not only personal, but also collective.

Jungian psychologists call this darkness the Shadow, or the unhealed parts of ourselves we project onto others, and the key to healing from the darkness within requires coming to terms with our own Shadow.

The shamans remind us that while dealing with the darkness, it is important to remember that the light is always available for us too.

This begs the questions: How do we heal these shadow parts of ourselves? And can we then remain in the light of pure consciousness and walk with protection and safety for ourselves and our loved ones in these challenging times? Furthermore, how do we leap into our destiny as humanity? How do we become that new human we have all been waiting for? How do we get our healthspans to equal our lifespans? How do we grow a new body that ages and heals and dies differently?

In this course we will learn shamanic strategies for healing our own shadow, walking with protection in the world, and the keys for awakening the luminous, timeless body within each one of us.



LINDA STAR WOLF, PhD

Author, creator of Shamanic
Breathwork®

Saturday, December 3rd, 5pm-8pm CST

Keynote: The Shamanic Breathwork® Experience

Shamanic Breathwork® uses deep breathing techniques and special music and sound to help participants reach an altered state of consciousness.

During this intensive workshop, Linda Star Wolf will teach you the breathing practices and provide the accompanying soundtrack as she guides you through this highly experiential process. Shamanic Breathwork is a transformative process that inspires you to remember and reconnect with your own inner healer. As old wounds and dysfunctional patterns are released and transformed, you can begin to regain lost soul parts and remember the magic of who you truly are. **You will need a room where you can sit comfortably or lie down and be undisturbed for the duration of the workshop. Headphones are highly recommended during this workshop.**

Fasten your seatbelt and be prepared to go on a sacred journey.

SUNDAY DEC 4th, 2022



RHONDA McCRIMMON

Celtic seer and shaman

Sunday, December 4th, 11am-1pm CST

Celtic Shamanism: Power Centers and the Art of Saining

According to the vision of a Celtic Poet & Prophet from the 7th century, the root of a Celtic person's physical, spiritual & emotional health comes from the three Cauldron Power Centers found in the energetic body. The Celts believed a person must activate and maintain all three cauldrons to live a whole, connected, meaningful life. In this experience, you will be taken on a Guided Healing Journey to meet, clear, cleanse, activate and/or rejuvenate your three cauldrons so you can personally experience the potential of these Celtic power centers to support your spiritual path.

As a bonus, you will also learn the art of Saining. Saining is a protective & cleansing charm which starts with a symbol of intention and works on the premise that the Celts were an animist culture who believed everything had a Spirit & Soul. Although it is not a direct equivalent of a Native American smudging ceremony, it is a beautiful alternative you can weave into your Shamanic practice for protecting, cleansing and clearing yourself and your surroundings.

Everyone is welcome to join this experience regardless of lineage.

Materials needed: pen, paper, candle, and herbs for burning.



DON JOSE RUIZ

International Best-selling Author &
Toltec Shaman

Sunday, December 4th 11am-1pm CST

The Wisdom of the Shamans, Shamanic Power Animals, and The Medicine Bag

Because he shares a message in whatever way spirit moves him in the moment, no two workshops with don Jose Ruiz are ever the same. But no matter what comes through verbally, it's his presence, grounded in unconditional love, that you don't want to miss. In this breakout session, don Jose Ruiz will cover various topics from his trilogy of books on shamanism: *The Wisdom of the Shamans*, *The Medicine Bag*, and *Shamanic Power Animals*.



Dr. MARIE MBOUNI

Shaman, healing artist, practicing M.D.

Sunday, December 4th, 2pm-4pm CST

The Medicine Wheel as a Blueprint for Abundance, Passion, and Purpose

Circle symbology is prevalent in nearly all spiritual traditions. In shamanism, one of the most well-known examples of this is the medicine wheel which, according to Dr. Marie Mbouni, can be used to help with things like:

- Reclaiming your personal power
- Discovering what keeps you stuck
- Shedding what no longer serves you
- Healing from past emotional wounds
- Recognizing and using the medicine within you

In this two-hour breakout session, Dr. Marie will take you on a guided journey of your own inner wheel, and explain how this circular symbol can be used to cleanse, transmute, heal, uplift, and illuminate your inner self. You will come out on the other side with a sense of renewal and hope, feeling inspired to create the reality you desire.



JORGE LUIS DELGADO

Peruvian shaman, teacher

Sunday, December 4th, 2pm-4pm CST

Peruvian Shamanism and the Call to Change

In this two-hour class, Peruvian shaman Jorge Luis Delgado will share his Andean ancestral teachings, and explain how they can be extremely useful to us as we navigate the transformational times that we are all living in. In Jorge's shamanic tradition, there is no separation between the physical and spiritual worlds, and those of us on the planet now are being called to access the inner wisdom and harmony of the ancients to heal the human relationship with Mother Earth and Father Sun. According to Jorge, we are all Children of the Sun and we will play an important role in this new dawn. The great changes that are happening now on Mother Earth represent an invitation for human beings to change as well. He will explain how this change is not simply a change of mind but rather a transformation of the heart, and when we do this we return to our essence of light.



HEATHERASH AMARA

Author, teacher, warrior goddess

Sunday, December 4th, 2pm-4pm CST

Shamanism and the Divine Feminine

Shamanic cultures around the world knew the importance of honoring the divine feminine.

Imagine what it would feel like to shed layers of cultural and personal baggage and stand proudly in the radiant light as a divine goddess that you are. It's not too late to go back and experience things like a happy coming of age ritual, or gain closure on a painful breakup or divorce, or create a loving space for the transition into the next phase of your life.

This is your invitation to rebirth yourself like a Phoenix rising from the ashes, and embrace ALL aspects of your Divine Feminine.



RANDY DAVILA

Producer, publisher, author

Sunday, December 4th, 5pm-6pm CST

Closing Ceremony

Now it's your turn! Take the Zoom spotlight and share with all of us your own transformative experiences of the weekend.