



CONSCIOUS CREATIVITY METHOD

“A Visionary Mystical Experiential Journey using Multisensory Activations to connect with your unique individual creative spark that just needs to be allowed or inspired to show itself, with the guidance of your future self.”

THE PLAYBOOK



Simple Tips To Get The Most Out Of This Masterclass

Before starting, think of the key areas in your life that you want to transform. What areas of your life would be most positively affected if you lived a life beyond limits?

During the Masterclass, write down your “aha”s, insights, and discoveries while you listen—that way, you won’t lose the information most relevant to you.

Think about how you can implement the insights Dr. Marie reveals during the presentation.

List 3 to 5 intentions for this Experiential Masterclass to be blessed during the Ceremony.

3 Simple Tips To Help You Prepare For This Masterclass

1 | Make sure you are in a quiet space where nothing can distract you. Silence notifications on your devices.

2 | Prepare your environment to best support your awakening. Create sacred space. Light some candles, sage the space or sit in a favorite chair.

You will need a journal or any type of record keeper

Bring any sacred items you love: crystals, candles, essential oils...

3 | Take deep breaths, in through the nose and out through the mouth, and then allow your body and mind to be alert and focused on what opens up for you during the presentation.

SELF ASSESSMENT SELF AWARENESS

Assess your current habits and comfort levels around Creativity

How accurate are these statements to you? 1 to 10, 1 least true, 10 entirely true.

- I deal efficiently with the daily flow of information coming my way in my life and don't feel overwhelmed
- I actively follow curiosity and have clarity about my passions.
- I have a Creativity Vision
- I am happy with my creative life
- I get paid for doing what I love.

- I deserve abundance in all areas of my life.
- I have the skills and talent to provide excellent value to others.
- I feel supported on my path to creative success.
- I can be abundant and still have a balance in my life.

WHAT YOU EXPERIENCE

Harness your Creativity Wisdom

Awaken and activate your second chakra potential

Start to manifest a new creativity Matrix

Create your highest Creativity Intention ~ Sankalpa

Create a Personal Yantra (a Yantra is a visual Mantra) for continued empowerment

Receive Healings, Visualization, and Activations.

YOUR HOME PLAY

Wisdom:

At this very moment, without realizing it, your mind determines precisely how much abundance, creativity, money, and success you'll enjoy in this lifetime.

It's subconsciously processing countless thoughts, beliefs, patterns, and emotions—many of which could be cheating you out of your fullest potential in life (even if you're a positive person!).

The 5 stages of the creative Process:

1. Preparation

The first stage is the idea of PREPARATION, the idea that you are immersing yourself in the domain. As a musician, you absorb much of the music that inspires you to create this new piece. If you're a writer, you read other writers in this area.

2. Incubation

The second stage is what we call the INCUBATION stage. In incubation is when all the information that you have gathered in the PREPARATION stage goes back. It starts to churn in the back of your mind, in the subconscious.

3. Illumination, Insight

The third stage is what most of the public think is a classic signal or sign of a creative person, called the INSIGHT stage or the insight step. With insight, it is the idea of the 'Aha' moment, the 'Eureka' moment. Although it is probably the smallest part of the five steps, it is possibly one of the most critical.

4. Evaluation

After this stage, you will either return to stages one and two if the idea does not hold up or continue ahead with confidence in this idea.

5. Execution

The final stage of the process is where you bring your idea to fruition.

Contemplation and Self Inquiry Seed Questions

What do you want to amplify in your life?

What new things do you want to manifest?

How are you positioning yourself for the life you desire?

How connected are you to your Yoni and Womb of Creation?

What are the characteristics of my Creation energy?

Rewrite your Creativity Story

What is a **Creativity** Story?

It's your entire relationship with your power of creation. It's the unconscious tale you continually tell yourself about what creativity means to you and what it says about you.

It's continuously a running internal and external dialogue about how much you deserve, how much you think you are worth, and how much you are capable of. It's about what would happen if you had more and what would happen if you had less.

Money Story Seed Questions

{Notice any shifts Before the Masterclass and after the Masterclass}

What do you believe to be true about creativity?

Is it easy to access? Hard?

Reserved only for certain types of people?

Is it in short supply?

Some examples: Starving artists, you can't find a job, you cannot make money

Be gentle and loving with yourself, always. This program is meant to enhance the amazing human that you already are.

Stay Neutrality and Non Judgement.

Love, Dr. Marie