

# Activate Your Creative Spark Through Astrology

Guided by Molly McCord

## *Welcome to Activate Your Creative Spark Through Astrology!*

We are innately creative beings as our body, mind, spirit, and emotions are designed to be in flow, creation, and movement in order to be healthy and feel alive.

Your astrology chart is a wonderful tool for understanding more of your innate creativity and self-expression.

We'll dive into more of your unique expression through your Sun and Venus signs, as well as explore how your creative muse is always speaking to you - even in unexpected ways!

In this 2-hour workshop, I will guide you to access more of your creative self by examining your Sun sign, Venus sign, and specific house placements that hold beautiful gifts for you.

This workshop is suitable for beginners as well as those more advanced in astrology.

Please bring your natal astrology chart to this workshop.

You can also download a free natal astrology chart at [www.Astro.com](http://www.Astro.com)

# Your Spark of Life



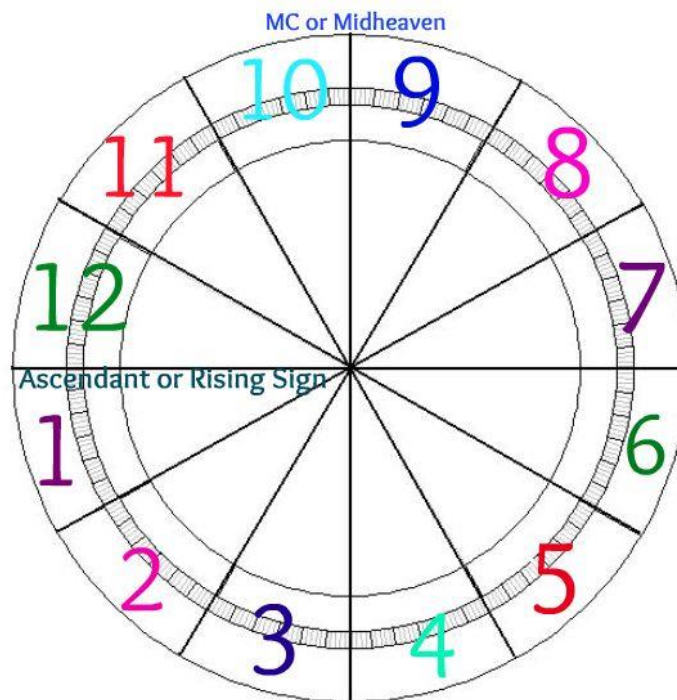
Your Sun sign is your brightest light and ongoing sense of self in this lifetime.

Your Sun sign is how you are learning more about yourself and your natural energy signature, as well as developing confidence to shine your energy out into the world with strength, joy, trust, pride, and self-awareness.

Sun sign keywords:

Main self-identification and ego traits; What is comfortable and feels good; Personal needs for self-fulfillment; The energy that holds your core together

My Sun is in \_\_\_\_\_ and it is in the \_\_\_\_ house.



# Activating Your Spark of Life

Your Sun sign holds a purity of consciousness and expression before you started to receive thoughts, programming, judgments, assessments, feedback, and external information about who you are or who you are expected to be.

I will guide you through a simple visualization exercise to connect with this purity of your self-expression and your soul's energy frequency.

Please write down your thoughts, feelings, and imagery as the messages come through after this visualization.

# Your Creative Connections



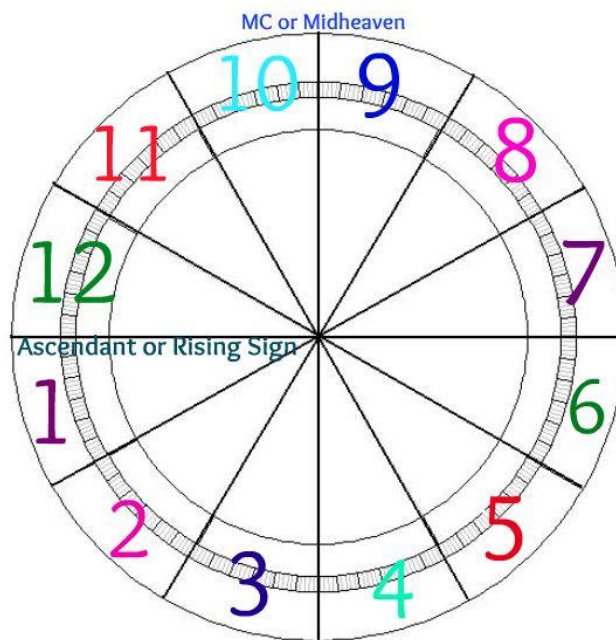
Your natal Venus energy is connected to how you personally experience feeling loved, self-worth, personal value systems, and the ability to receive.

Venus is your foundational self-love energy, as well as how you desire to express yourself naturally and create a more beautiful journey for yourself based on what you value, need, and enjoy.

Venus sign keywords:

Love, finances, beauty, relationships; Self-worth and self-value; Self-absorbed; Affection, sympathy, feminine expression of ideals; Softens and lightens; Ability to receive; Females in your life; Shopping, spending, investing; how you enjoy life

My Venus is in \_\_\_\_\_ and it is in the \_\_\_\_\_ house.



# Meeting Your Venusian Guide

Your Venus sign holds a beautiful embodiment of your natural creative energy signature, including what brings you joy, happiness, pleasure, and confidence.

She is an innate archetype that desires to create and express these qualities, especially before you were told what to do, how to create, what is “good enough”, or how you “should be.”

We are going to open this space for your own Venus guide to appear.

Please write down the visuals, feelings, imagery, emotions, and messages you see and connect with.

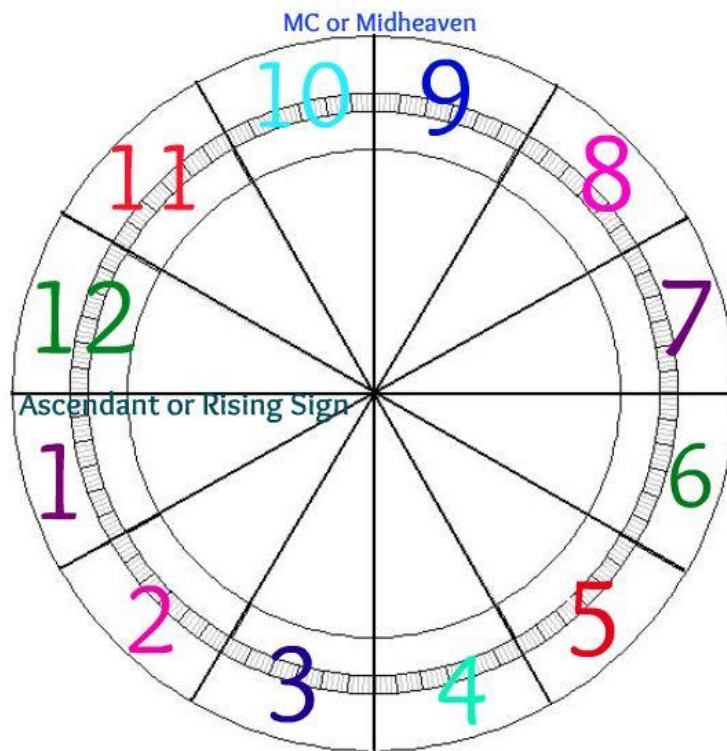
# How Your Creativity Speaks To You

Now we're going to connect your Sun sign and Venus sign to specific houses in your astrology chart that support HOW you may feel naturally creative, expressive, and inspired to open up to more of your gifts and talents.

The 12 houses in an astrology chart relate to particular themes and environments of life. Each house has strengths, abilities, and desires that feel natural and easier to express.

Below is a brief review of each house.

This information is designed to show you HOW your creativity may be wanting your attention for ongoing expression, play, and understanding.



### **1st house**

- Tuning into your gut instinct as reliable messages
- Growing your leadership skills in this lifetime
- Gifted in going first to new soul growth territory
- Follow your body consciousness as an energetic guidance system
- Regulate impulse control and determine what your deeply reacting to energetically
- Tap into the wisdom of anger, impatience and frustration to understand the deeper messages from your soul, possibly from other lifetimes
- Learning to trust your first impulse, immediate messages, and primal needs
- Root chakra needs to be regularly cleared and healthy

### **2nd house**

- Focus on security and stability that supports your energy system
- Following your creative expressions
- Earth connections may feel natural and normal
- Tuning into the five senses for energy and messages: music, color, art, taste,
- Merging your energies with the physical world for energy support
- Building trust in your needs and values based on this lifetime's priorities
- Standing on your own with strength and self-reliance
- Sacral chakra needs to be regularly cleared and healthy

### **3rd house**

- Powerful communicator that means an outlet regularly to hear yourself
- Trust yourself expression in words, writing, speaking, etc
- Develop greater clear cognizance skills
- Monitor the power of the mind so it doesn't dominate all of your energy too often
- Follow what interests you as curiosities may be Spirit speaking to you
- Pay attention to visuals and messages you see
- Keep the mind active with interesting areas of study around self-discovery
- Guided meditations, powerful visualizations, quick practices
- Throat chakra needs to be regularly cleared and healthy



#### **4th house**

- Emotionally powerful messages and connections
- Trusting how you feel even when you can't explain it
- Need privacy to clear your energy regularly
- Examine early family dynamics and the influence of both parents in your energy
- Give yourself time to sit with your feelings
- Allow feelings and emotions to flow out and not remain stuck or heavy
- Deeply connected to ancestors and family lineage
- Might be a lifetime to change the trajectory for your family in some manner
- Heart chakra energies need to be regularly cleared and healthy

#### **5th house**

- Trust your urge to create: personally, children, passions, professionally
- Soul contracts may feel strong with children
- Develop a healing relationship with your Inner Child
- Work with the colors that energetically speak to you
- Desire to do something your own way that may be soul gifts
- Tune into what activates and inspires you at a primal level
- Courage to follow your own path as needed in this lifetime
- Develop your confidence to be seen and recognized by Spirit
- Solar plexus energies need to be regularly cleared and healthy

#### **6th house**

- Lifetime for activating healing power of your body consciousness
- Intentionally work with physical healing modalities to move energy
- Gifted with tuning into your internal energy systems on a daily basis
- Combining the power of the mind and body with spiritual knowledge
- Seeking earth energy for regular grounding and calming properties
- Following your skills and abilities as connections to Spirit
- Ultimate service goal is to your Higher Self and Spirit
- Trusting your keen senses and perceptions without overthinking
- Releasing the need to know "how" or exact specifics
- Regulating your nervous system and mental faculties often
- Practices such as acupuncture, jin shin jytsu,

### **7th house**

- Trusting what you sense around others and their energy
- Raising consciousness in all connections
- Stay aware of over-relating or over-doing to please others
- Developing mindfulness around what you seek in others that mirror your own needs
- Consciously understanding the power of relationships in your life
- Maintaining your own boundaries and needs with others
- Practicing detachment and healthy boundaries with all energies
- Balancing your internal and external energies
- Going to Spirit for support, connection, and regular partnership

### **8th house**

- Develop spiritual tool kit for transformation and energy movement
- Trust your own healing abilities that take you into deeper places
- Open up to gifts that invite your intuition to grow
- Deeply healing emotional patterns and unconscious needs from other lifetimes
- Clearing karma, soul contracts, and unhealthy energies with others
- Taking your power back and deeply healing through any trauma, abuse, or energy violations
- Reconnecting to the Divine within for power, fulfillment, and trusting yourself
- Assess your desires and expectations of others to determine if that represents a part of yourself
- Akashic records, hypnosis, past life regression

### **9th house**

- Trust that what you're seeking is also seeking you
- Develop your intuitive skills as guided and inspired to do so
- Energetically designed to explore and go beyond what is known, alienated or out in the world by yourself
- Follow the ongoing studies that speak to your soul
- May feel strong soul contracts with ideologies, philosophy, and belief systems
- May regularly encounter other cultures, religions and belief systems from other lifetimes
- May feel a strong resonance with energies from other soul adventures
- expanding your energy field to work with more energy points around the world
- Unconsciously be seeking justice for matters from other lifetimes
- Clairvoyance and claircognizance may grow easily

### **10th house**

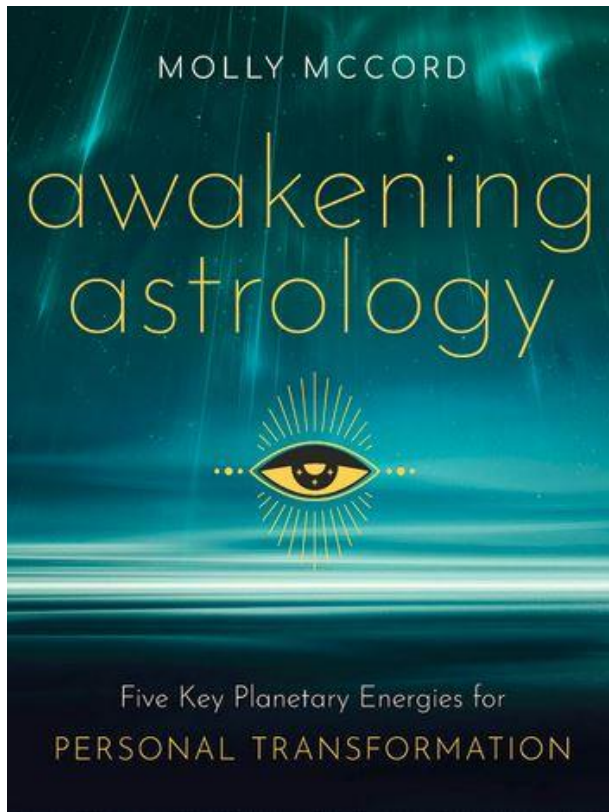
- Honoring your energy system with clear boundaries
- Actively clearing karma as it appears in your life
- Sensing this is a lifetime of manifesting, mastery, and following your soul's goals
- Responsibly looking at choices you can make now that might be different from other lifetimes
- Raising consequences from other lifetimes with a higher perspective
- Remaining steadfast in your goals and actively partnering with Spirit for support
- A lifetime of always owning your energy, talents, and body
- Commanding internal strength for long-term endeavors
- Trusting your ability to be seen and recognized by others
- Paying close attention to the body's structural system, including spine, knees and bones

### **11th house**

- Developing love and acceptance for your unique energy design
- Owning how you are different and here to embody a different frequency
- Combining all skills, gifts, and talents into a unique role or expression
- Feel your full soul mission activations in this lifetime
- Numerous soul contracts with friends, groups, professions, jobs from other lifetimes
- Clearing out your energy from the influence of those around you
- Trusting your visions, downloads, intuitive messages, and communications
- Expanding into a cosmic perspective of your soul's journey
- Connecting to future timelines and unlimited energy potentials
- Remembering frequencies from other lifetimes, planets, and soul experiences
- Opening up to different types of energy practices and unique gifts that may be out of their time
- Exploring quantum and cosmic potentials in this lifetime

## **12th house**

- Deeply trusting your inner guidance system
- Arrived with integration to your Higher Self
- Regularly partnering with Spirit for intuitive answers and messages
- Going within to hear yourself and calm down the external noise of the world
- Connecting with an ongoing spiritual belief system that supports your human journey
- Stepping into your power to work with karma, surrendering, and letting go at a deep level
- Transmuting unconscious victim and powerlessness patterns
- Monitoring the deeper patterns around overserving, over-connecting, over-empathizing, over-giving
- Owning your psychic abilities as direct connections to Spirit
- Feeling energies from other lifetimes, timelines, and potentials
- Going higher to find the wisdom from your soul's perspective



Do you feel overwhelmed by the intricate details and particulars within Western astrology? Are you unsure where to focus first so that you can access the most relevant and useful information that will assist you in achieving your deepest dreams and desires?

In *Awakening Astrology*, professional astrologer and intuitive business coach Molly McCord offers a clear, accessible guide for those seeking an introduction to astrology that is simultaneously easy to grasp yet still full of powerful information. Every natal astrology chart has wisdom to offer, but the array of planets, houses, and signs can be bewildering and often overwhelming. *Awakening Astrology* cuts through this confusion by taking a deeper look at just the five key planets—Sun, Moon, Mercury, Venus, and Mars—that are most fundamentally connected to your core personality energies.

With the information in these pages, you can unlock a deeper and more meaningful relationship to your true self, as well as a more profound understanding of your personal needs, mental processes, and any ongoing areas of self-development. Even those who already possess experience with astrology will benefit from this profound look at these five planets and their potential for expansion of self-awareness.

These five planetary energies influence us every day of our lives—in our productivity, how we present ourselves to the world, interact with others, think and communicate, share and connect. Now, with McCord's guidance, you can tap into the incredible potential of astrology to inform your journey towards a life of purpose and authenticity.

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[Available on Barnes & Noble](#)

[Available from Hierophant Publishing](#)

## About The Author



**Molly McCord, M.A.**, is a bestselling author, professional astrologer, intuitive, and modern consciousness teacher. She has created numerous online courses and programs, hosts a highly successful weekly astrology podcast since 2012, and has guided thousands of people around the world in knowing themselves more fully. Molly has a B.A. in Political Science and Women's Studies, and a Master's degree in International Relations and Diplomacy.

Learn more at [www.mollymccord.online](http://www.mollymccord.online)

**Connect with Molly for more regular energy updates and insights**

