

Firewalk FAQ's

One of the first things we learn is that fire burns.

But when you first see someone walk on fire, or you walk yourself, this fundamental law shatters, and suddenly the world is full of new of possibilities.

If it's not true that fire burns all the time, what else that you have been telling yourself might also not be true?

This is the gift and lesson of fire walking: by challenging our beliefs we open up our perspective and begin to take responsibility for creating something more expanded and powerful with our lives.

By stepping into the fire, we prove to ourselves once and for all that we have much greater power than we ever believed possible.

The Fire Walk is an amazing experience you will not want to miss!

FAQ's

Question

If I attend the Fire Walk and Bonfire Celebration, am I required to walk on hot coals?

Answer

No.

You are invited to join us at the fire and witness those who choose to walk. Even as an observer, this experience will have powerful, life-changing effects. We ask you to listen to your heart and only walk if you are called to do so.

Question

If I choose to walk, will I burn my feet?

Answer

As with all forces of nature, a firewalk contains the element of risk. HeatherAsh Amara has taught and led the ancient practice of firewalking for over twenty years. She teaches people the proper methods and safe handling of this powerful element. Following

her instructions, burns are very rare and never cause serious injury.

Question

What are the benefits of firewalking?

Answer

When you safely walk across 1,100+ degree coals, you face and conquer what your mind tells you is impossible. Most people report dramatic shifts in their personal power to rise above other major real-life challenges.

Question

What health and safety precautions do you employ during the firewalk?

Answer

HeatherAsh Amara is trained through [Sundoor International](#) and follows a strict firewalk protocol. Experienced staff and volunteers manage the fire and assist those who walk.

Question

Are children allowed at the firewalk?

Answer

You must be 18 years or older to participate in this firewalk.