**The Mastery of Self: A Toltec Guide to Freedom**

The ancient Toltec’s believed that life as we perceive it is a dream.

We each live in our own personal dream, and all of our dreams come together to make the Dream of the Planet. Problems arise when we forget that the dream is just a dream and fall victim to believing that we have no control over it.

*The Mastery of Self* takes the Toltec philosophy of the Dream of the Planet and the personal dream and explains how a person can:

·       Wake up

·       Liberate themselves from illusory beliefs and stories

·       Live with authenticity

Once released, we can live as our true, authentic, loving self, not only in solitude and meditation, but in any place--at the grocery store, stuck in traffic, etc.--and in any situation or scenario that confronts us.

The Ruiz family has an enormous following and a powerful marketing machine. This new book from don Miguel, Jr. will be greeted with enthusiasm by fans around the world.

**Mastery of Self” questions:**

- What is the Mastery of Self?

- ¿Qué es la Maestria del Ser?

- How does one become a master of self?

- ¿ Cómo se convierte uno en un maestro del ser?

- Can you tell us about imposing, subjugation and engagement in regards to relationships?

-¿Nos puedes contar sobre cómo se presenta el imponerse, subyugar y acoplarse en nuestras relaciones?

-You say that the opposite of love is love, can you elaborate on that?

- Dices que lo opuesto al amor es el amor, ¿Nos puedes elaborar un poco mas sobre esa expresión?

- What is the projection of the mask?

- ¿Que es la proyección de la mascara?

-What is domestication and how does that impact our personal freedom?

-¿Qué es la domesticación, y como impacta nuestra libertad personal?

- You talk about becoming a Shape Shifter in your book, can you elaborate on that?

- Hablas acerca de como uno se convierte en un Desplazador de la Forma en el libro, ¿Nos pueden explicar mas sobre este concepto?

- How do we break the cycle of the automatic?

-¿Cómo rompemos el ciclo de la reacción automática?

-How do we use goals as an instrument of transformation rather than an instrument of domestication?

-¿Cómo utilizamos metas como instrumentos de transformación en lugar de instrumentos de la domesticación?

- How do we share unconditional love with others?

-¿Cómo compartimos amor incondicional con otras personas?

--